

Guide to Body Protectors

Body protectors with these labels should **NOT** be worn



(Pre 2000) Class 1, 2 & 3

You should have **REPLACED** this



2000 - Level 3

You **SHOULD** be wearing this



Level 3 is suitable for all types of riding including hacking and jumping

What to look for in a correctly fitting body protector...

THE FRONT

BPs should be a close, firm fit without being uncomfortably tight and should be worn over light clothing

- ★ Neat, close fit over shoulders
- ★ Just reaches top of sternum (breastplate)
- ★ Appropriate overlap of garment at sides (If any coloured markers are showing body protector is too small)
- ★ Bottom of body protector should be at least 25mm below ribcage (1-2 fingers width)



THE BACK

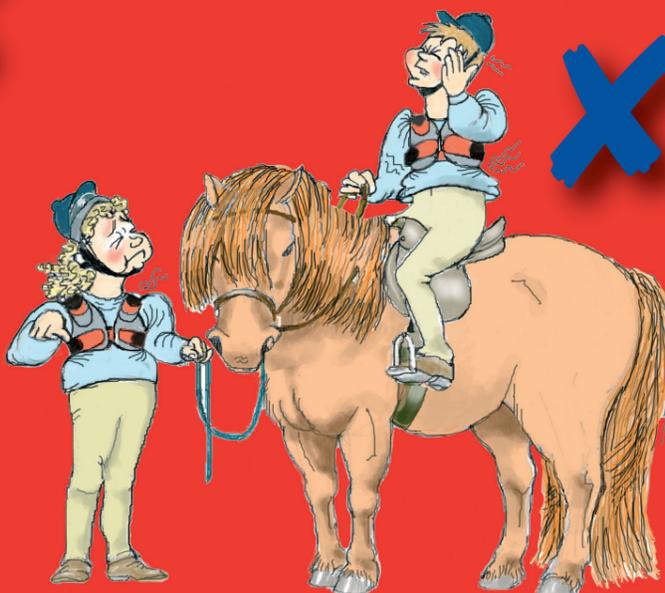
- ★ Top of BP should fit up to the prominent bone at the base of your neck (C7).
- ★ Minimum gap between bottom edge of body protector and saddle at least 7cm (or 6-7 fingers width) - (very important)



Examples of badly fitting body protectors...



Too high on shoulders and possibly too long at the back. If it touches the saddle it could cause the rider to be unbalanced (hat also too large)



Body protector too small - coloured markers are showing at waist fastening and over the shoulders (hats also too small)

How to care for your body protector

1. Clean with a sponge and warm soapy water
2. Do not leave in direct sunlight e.g. on the parcel shelf of a car
3. Hang it up when it's not being worn
4. Close the velcro fastenings to stop hair getting stuck in the velcro

When to replace your body protector

1. If it is more than 5 years old
2. If you have had a serious fall and you can feel damage to the foam (some manufacturers can replace damaged panels rather than having to replace the whole item, check with your local saddlery)
3. If you have outgrown it
4. If the standard that it meets is old (out of date)